GUIDING QUESTIONS FOR GROUP PRESENTATIONS ON THE THEORIES

Erik Erikson

- 1. Explain your understanding of the term personality. How is one able to get a view of your personality?
- 2. What is meant when one speaks of psychosocial development?
- 3. Explore Erickson's stages of psychosocial development explaining how specific traits can be developed at each stage.
- 4. Create a scenario that explains how an individual may develop a *specific* trait according to Erickson's theory.

Rogers

- 1. Explain your understanding of the term personality. How are your traits related to your personality?
- 2. According to the theory, how is the environment important for growth of an individual?
- 3. Identify the characteristics of a positive environment and explain how each will influence the development of personality traits.
- 4. How would Rogers characterize a "fully functioning person"?
- 5. According to Rogers, what relationship exists among the terms self-worth, self-image and ideal self?
- 6. Create a scenario that explains how an individual has developed a *specific* trait according to Rogers's theory.

Sigmund Freud

- 1. Explain your understanding of the term personality. Why do you need to understand your personality?
- 2. What is meant when one speaks of psychosexual development?
- 3. Explore Freud's stages of psychosexual development explaining how specific traits could be developed at each stage.
- 4. Explain the Oedipus and the Electra complex indicating how they could explain the development of specific traits.
- 5. Distinguish among the ID, Ego and Superego indicating how these concepts could be used to explain the development of specific traits.
- 6. Create a scenario that explains how an individual has developed a *specific* trait according to Freud's theory.